

KOTLENSKA RĂCENICA
(Bulgaria)

This dance is from the region of Kotel, Thrace. Typical steps were observed by Yves Moreau in Bulgaria in 1969-70.

Pronunciation: KOHT-lehn-skah ruh-tcheh- NEE-tсах

Record: Dances of Bulgaria DB-1802, Side A/1.

Meter: 7/16: 1-2, 1-2, 1-2-3; or 1,2,3; or quick-quick-SLOW

Formation: Mixed lines, hands joined shldr height in "W" pos. Face R of ctr, wt on L.

Style: Bent knees throughout dance. Proud and smooth.

Meas

Pattern

Introduction: 8 meas, no action.

BASIC TRAVELING STEP.

- 1 Facing R of ctr, take small leap fwd on R (ct 1); brisk touch with ball of L ft next to R (ct 2); small sharp hop on R (ct 3).
- 2 Repeat meas 1 with opp ftwk.
- 3 Quick hop on L ft (ct ah); large step in LOD on R, with marked knee flexion (ct 1); pause (ct 2); small hop on R (ct 3).
- 4 Repeat meas 3 with opp ftwk.
- 5 Turning to face ctr, jump onto both ft, apart, with marked knee bend (ct 1); pause (ct 2); hop on R with L leg crossing in front of R (ct 3).
- 6 Still facing ctr, hop on R ft (ct 1); step on L to L (ct 2); step on R behind L (ct 3).
- 7 Repeat meas 6 exactly.
- 8 Repeat meas 5, but with ft together and facing more to the R.

Note: This pattern repeats as long as leader does not indicate a change.

Arms: Hands at shldr height "W" pos during meas 1-5.

Meas 6: Arms start moving upward, fwd, then bkwd and up again (straight arms). At end of meas 7, arms are stretched straight bkwd and "wait" for meas 8, when they go up and in front on cts 1 and 2 and settle to "W" pos by ct 3.

KOTLENSKA RÁČENICA (Continued)SOLO TRAVEL FWD AND BACK.

- 1-2 Same steps as meas 3-4 of Basic Traveling Step, but moving twd ctr. Arms move freely from R (meas 1) to L (meas 2).
3-4 Same steps as meas 1-2 of Basic Traveling Step with arms still swinging freely R and L.
5-8 Repeat meas 1-4.

Note: Arm movements are very personal and can vary from village to village. Dance repeats from Basic Step when signaled by leader.

Presented and notated by Yves Moreau